

**Fifteenth Annual
Kennebec Row 5K
Skowhegan, Maine
Saturday, July 17, 2010**

ENTRY FORM

Name: _____ Age: _____ Sex: _____

Address: _____ Phone: (H) _____

_____ (W) _____

E-mail: _____ (C) _____

Type of Shell: Single Double
(Circle all that are applicable)

 Racing Recreational

 Alden

 Other: _____

Entrant (is) (is not) (cross out as applicable) currently a member of Maine Rowing Association.

Registration fee (per boat; includes picnic for two) \$20.00
Number for picnic (circle): 1 2
Extra picnics _____ @ \$5.00 each \$_____

If entrant is not currently a member of Maine Rowing Association, then add

_____ \$25.00 annual membership fee or
_____ \$10.00 race week membership fee. _____

Total payment enclosed \$_____

Volunteer (name: _____) for (circle any or all) timing, monitoring the turn (in our motorboat), collecting bow numbers or other. Thank you!

Please complete, sign and send

- (1) Check payable to Maine Rowing Association;**
- (2) This Entry Form and Race Waiver and Agreement (next page); and**
- (3) Maine Rowing Association Membership Form and Waiver (if you are not currently a member) (<http://www.rowmaine.org/njoinmra.html>)**

to:

Jamie Pitney Telephone: 207-623-5300 (work)
P.O. Box 1058 207-445-4408 (home)
Augusta, ME 04332-1058 207-272-5025 (cell)
Work fax: 207-623-2914
Work email: jpitney@preti.com

Kennebec Row 5K Race Waiver and Agreement

IN CONSIDERATION of being given the opportunity to participate in the Kennebec Row 5K ("Race") of the Maine Rowing Association I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of rowing activities, both on the water and land based and that I am qualified, in good health, and in proper physical condition to participate in the Race;

2. FULLY UNDERSTAND that:

- (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("risks");
- (b) these risks may be caused by my own actions, or inactions, the actions of others participating in the Race, the condition in which the Race takes place, or the negligence of the "releasees" named below; and
- (c) there may be other risks and social and economic losses either not known to me or not foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Race.

3. AGREE AND WARRANT that I will examine and inspect any Race instructions and facilities and, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Race and will refuse to take part in the Race until the condition has been corrected to my satisfaction; and

4. HEREBY RELEASE, discharge, and agree and covenant not to sue the Maine Rowing Association, the Race, their administrators, directors, agents, officers, volunteers and employees, and other participants, Race organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Race takes place (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any of the releasees may incur as a result of any such claim.

I have read this Race Waiver and Agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this Race Waiver and Agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.

Printed Name of Participant _____

Address _____ City _____ State _____ Zip _____

Phone _____ Date _____

Participant's Signature (only if age 18 or older) _____

Parental Consent

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, agree and covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost that any of the releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian _____

Address _____ City _____ State _____ Zip _____

Phone _____ Date _____

Parent/Guardian Signature (only if participant is under the age of 18) _____