

**WELCOME TO THE 2010**  
**QUAHOG BAY ROW-AROUND**

- 1) FILL OUT AND SIGN MRA FORMS
- 2) Please do NOT get on the water before the skipper's meeting----when you will be given your boat NUMBER...
- 3) Warm up INSIDE the cove so you won't be in the way of starting racers...
- 4) Please stay afterwards for lunch, times, prizes...

**THANK YOU FOR COMING**  
**AND HAVE A GREAT ROW!!!**